

## Day One – Thursday, 27 November 2025

TIME	PROGRAMME
9:15 AM	Registration
9:30 AM	Introductions and Outcomes
10:15 AM	Introduction to Mediation
11:00 AM	Coffee Break
11:15 AM	The Stages of the Commercial Mediation Process
12:00 PM	7 Element Framework
1:00 PM	Lunch Break
2:00 PM	Opening Statements: Demo and Practice
3:00 PM	Mediation Exercise 1: Preparation
3:15 PM	Coffee Break
3:30 PM	Mediation Exercise 1
4:30 PM	Mediation Exercise 1: Key Lessons
5:15 PM	Q & A
5:30 PM	End of Day 1

## Day Two - Friday, 28 November 2025

TIME	PROGRAMME
9:15 AM	Registration
9:30 AM	Recap
9:45 AM	The People Puzzle
11:15 AM	Coffee Break
11:30 AM	Mediation Exercise 2
12:30 PM	Mediation Exercise 2: Key Lessons
1:00 PM	Lunch
2:00 PM	Overcoming Impasse (Strategic Trust and Reframing)
3:15 PM	Coffee Break
3:30 PM	Mediation Exercise 3
4:30 PM	Mediation Exercise 3: Key Lessons
5:15 PM	Q & A
5:30 PM	End of Day 2